



Genetic Counseling & Testing for Wilms Tumors

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Overview

- What is a genetic counselor?
- Reasons why we do genetic testing
- Definition of genetic terms
- Differences between germline and somatic
- Wilms tumor predisposition red flags
- Case example and different genetic testing approaches
- Future directions of genetic testing





What is Genetic Counseling?



Genetic Counselors

Masters in medical genetics; boarded

Different types of genetic counselors

Pediatric Cancer Genetic Counseling

- Personal and family medical history
- Assess chance to have a change in a gene
- Genetic syndrome differential/discuss/educate
- Explore risks/benefits of genetic testing
- Discuss outcomes
- Facilitate testing (blood, saliva, tumor, skin biopsy/fibroblasts)
- Discuss results of testing
- Discuss surveillance
- Work closely with patients and oncologist/other specialists to facilitate tumor surveillance/treatment



Genetic Testing

WHY

- Identify underlying cause to cancer (~20%+)

Proactively screen and treat

Identify at risk family members

Personalize chemotherapeutics

HOW

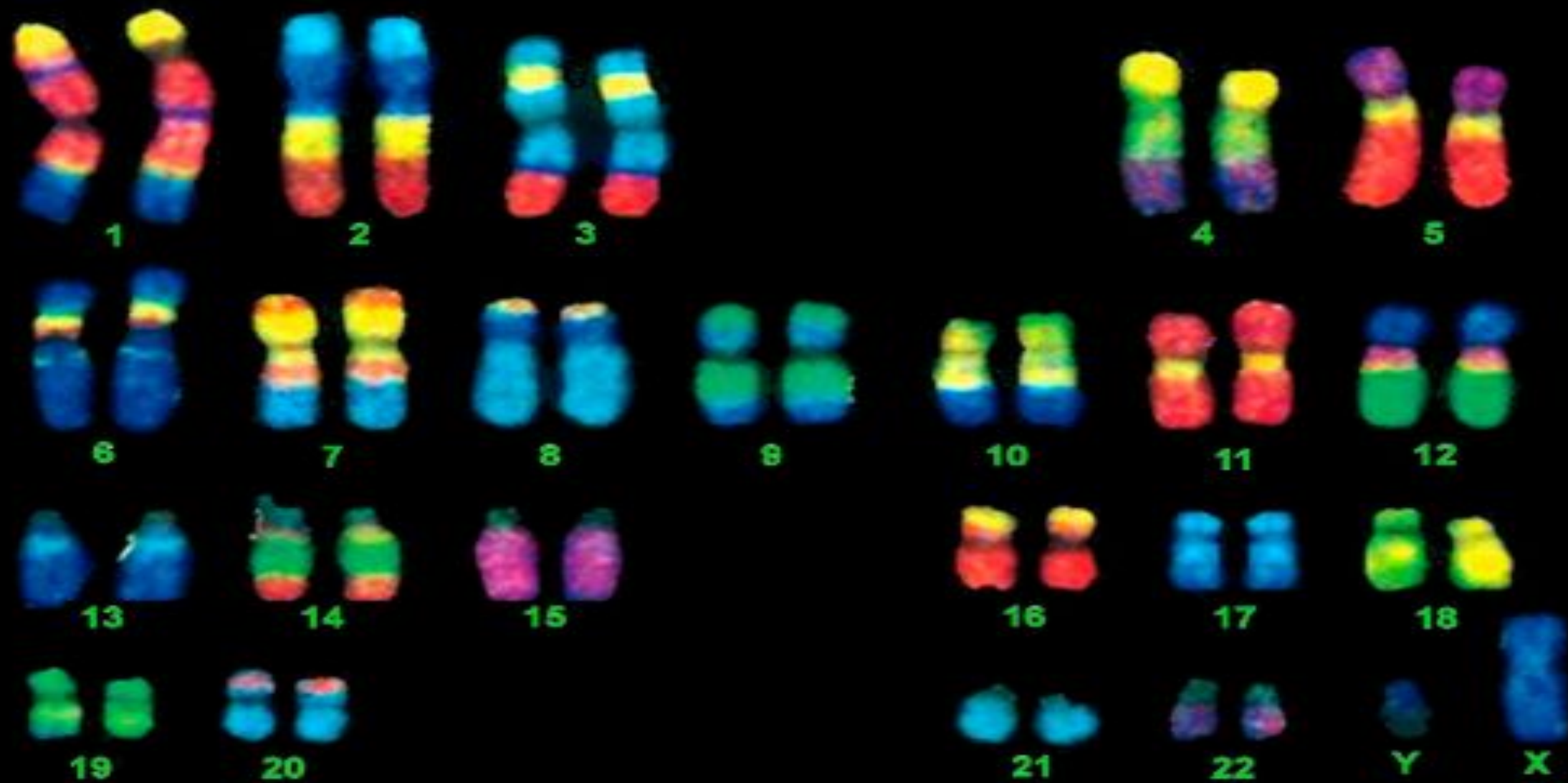
- Single gene/panel testing (Germline)

Tumor testing (Somatic testing)

Methylation studies

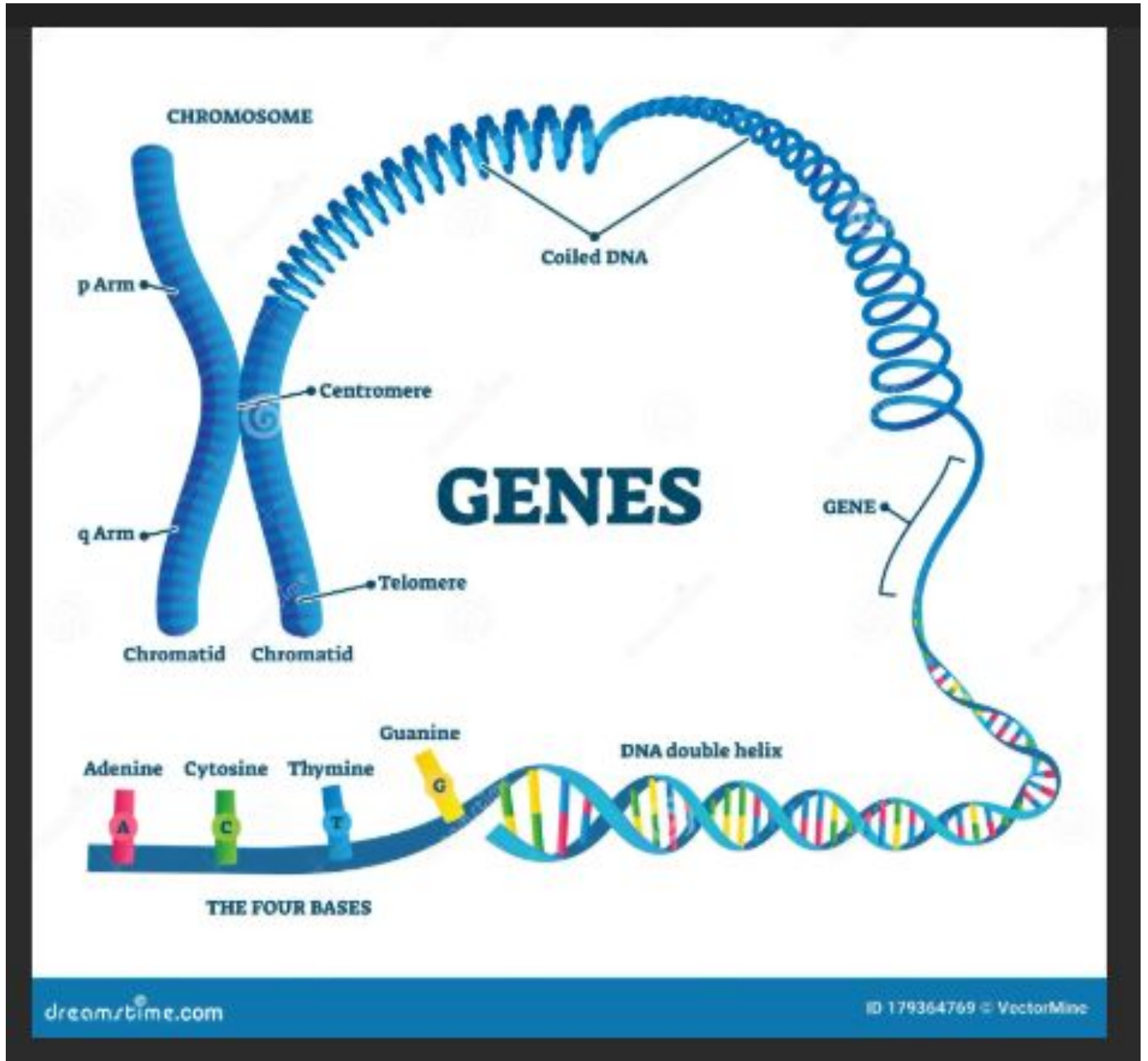
Chromosome studies

DEFINITION OF TERMS



HUMAN CHROMOSOMES

DNA
Genes
Nucleotides
Basepairs



Genes

recipe



cookies



gene



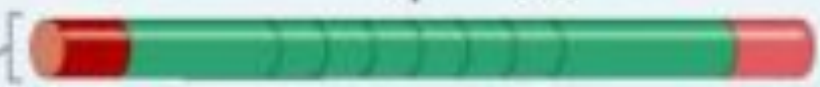
protein



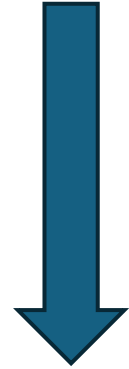
Exon
(coding region) **Intron**
(noncoding region)



Introns are cut out and coding regions are spliced together

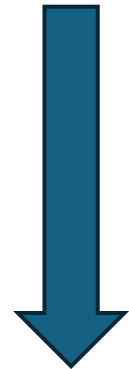


**GENETIC COUNSELING IS SO
IMPORTANT!**



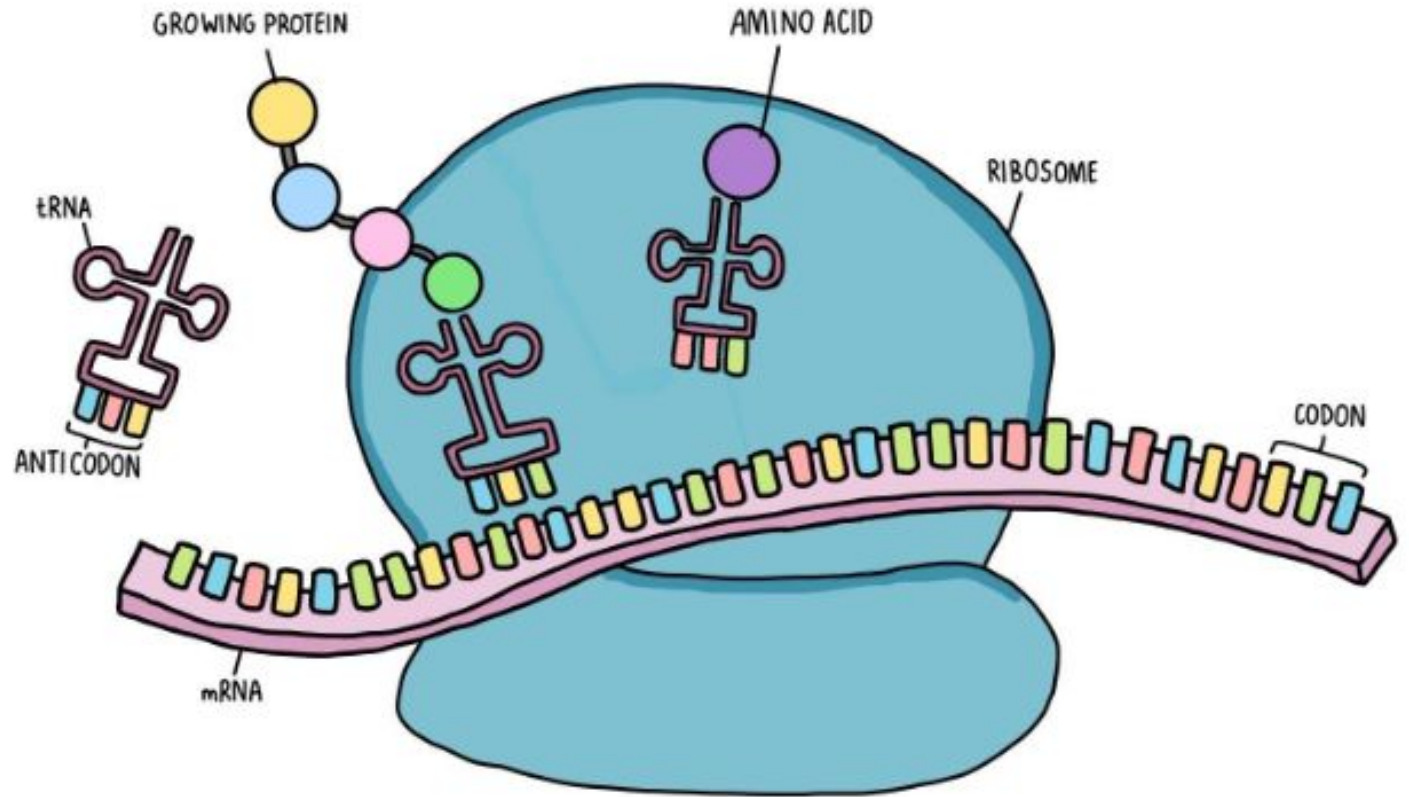
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**GENEUIC COUNSELING IS SO
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Protein Synthesis

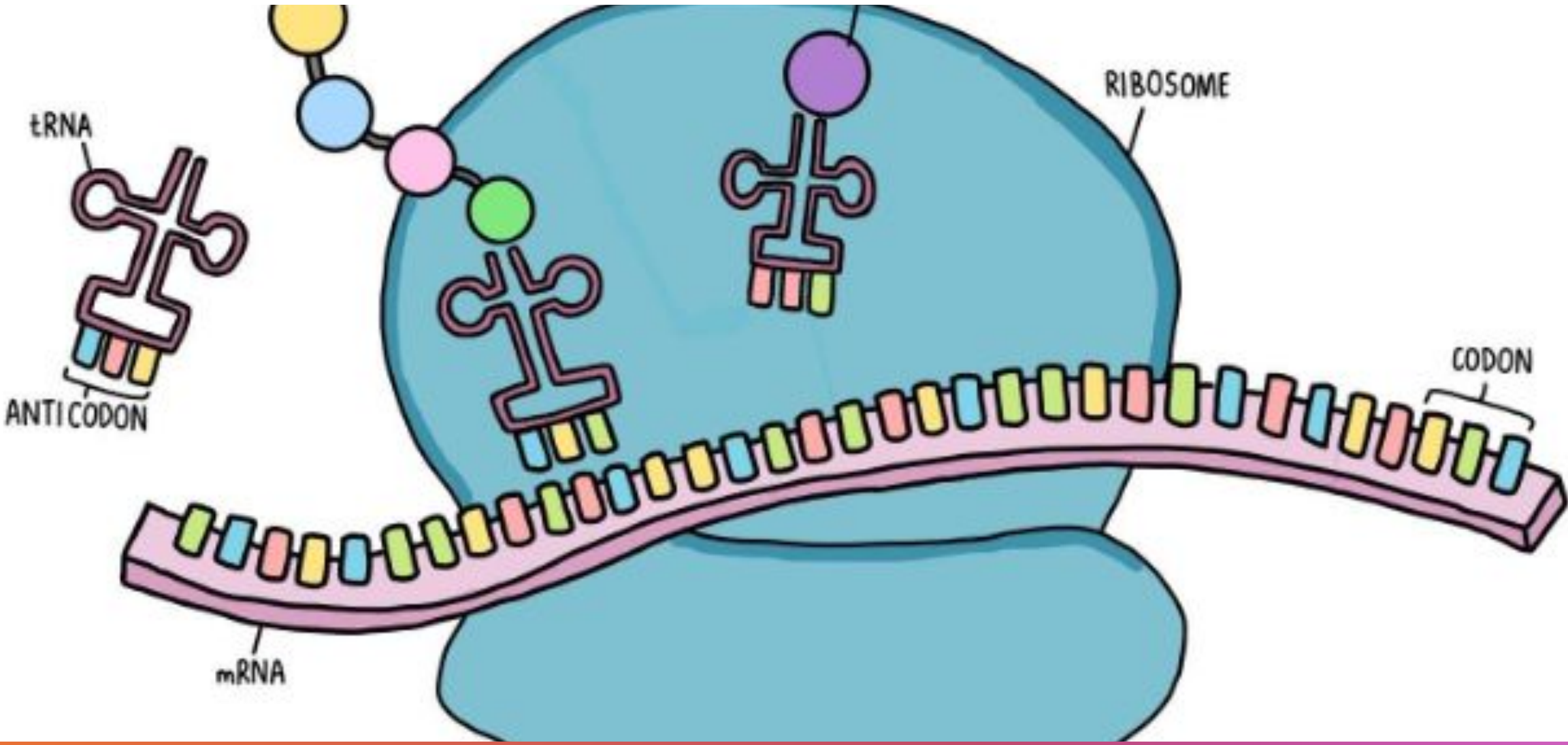


Exon
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(noncoding region)

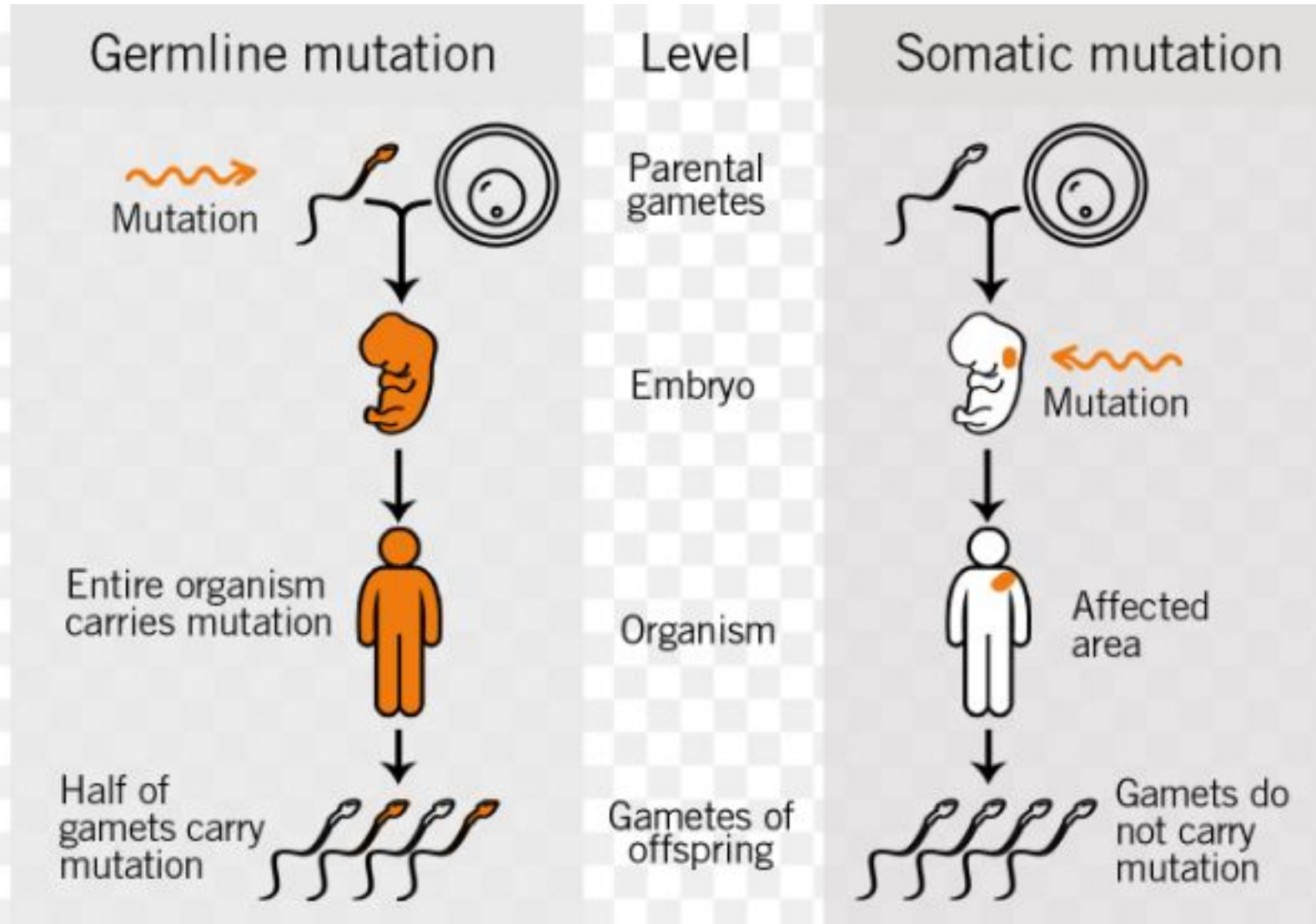


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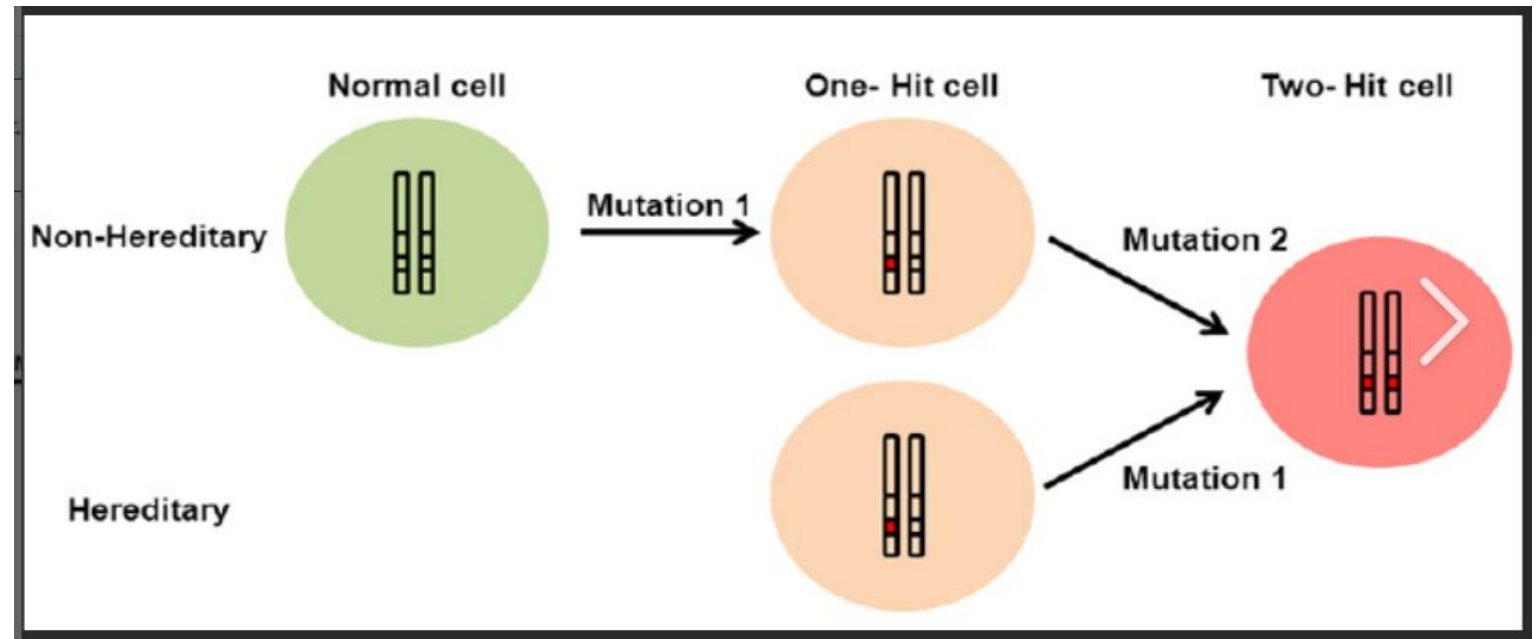




Germline vs. Somatic Gene Mutations/Testing

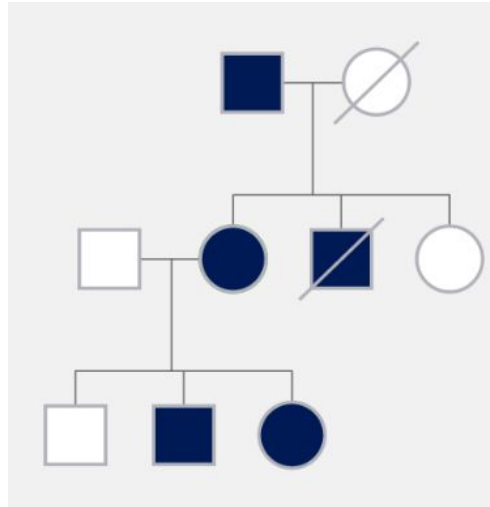


Two-Hit Hypothesis

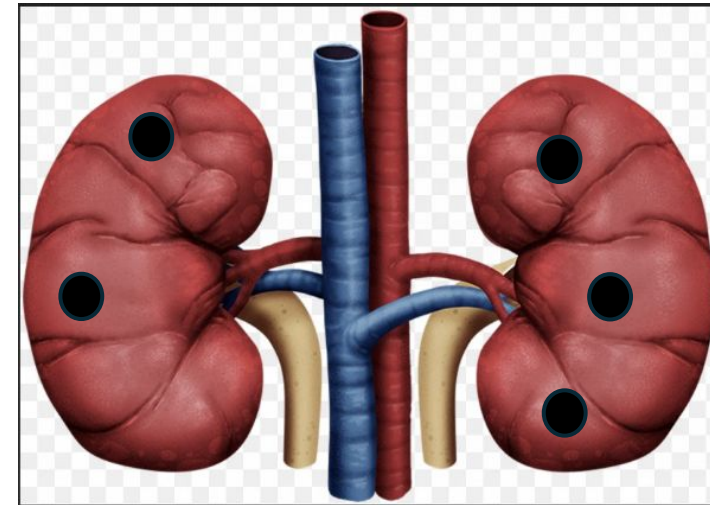




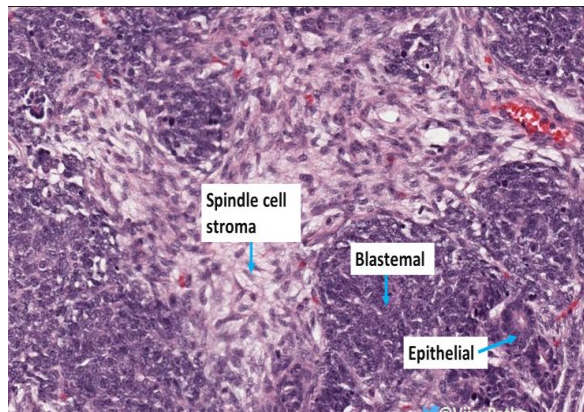
Red Flags for WT Genetic Syndromes



Family History



Bilateral/Multifocal Disease



Location and Histology



Ag





Red Flags for WT Genetic Syndromes



Additional Medical Findings



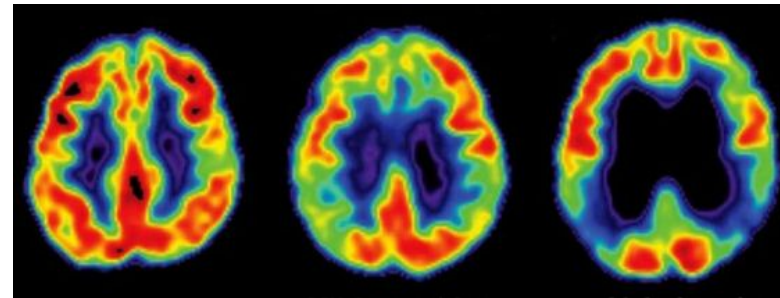
Macroglossia



Hemihypertrophy

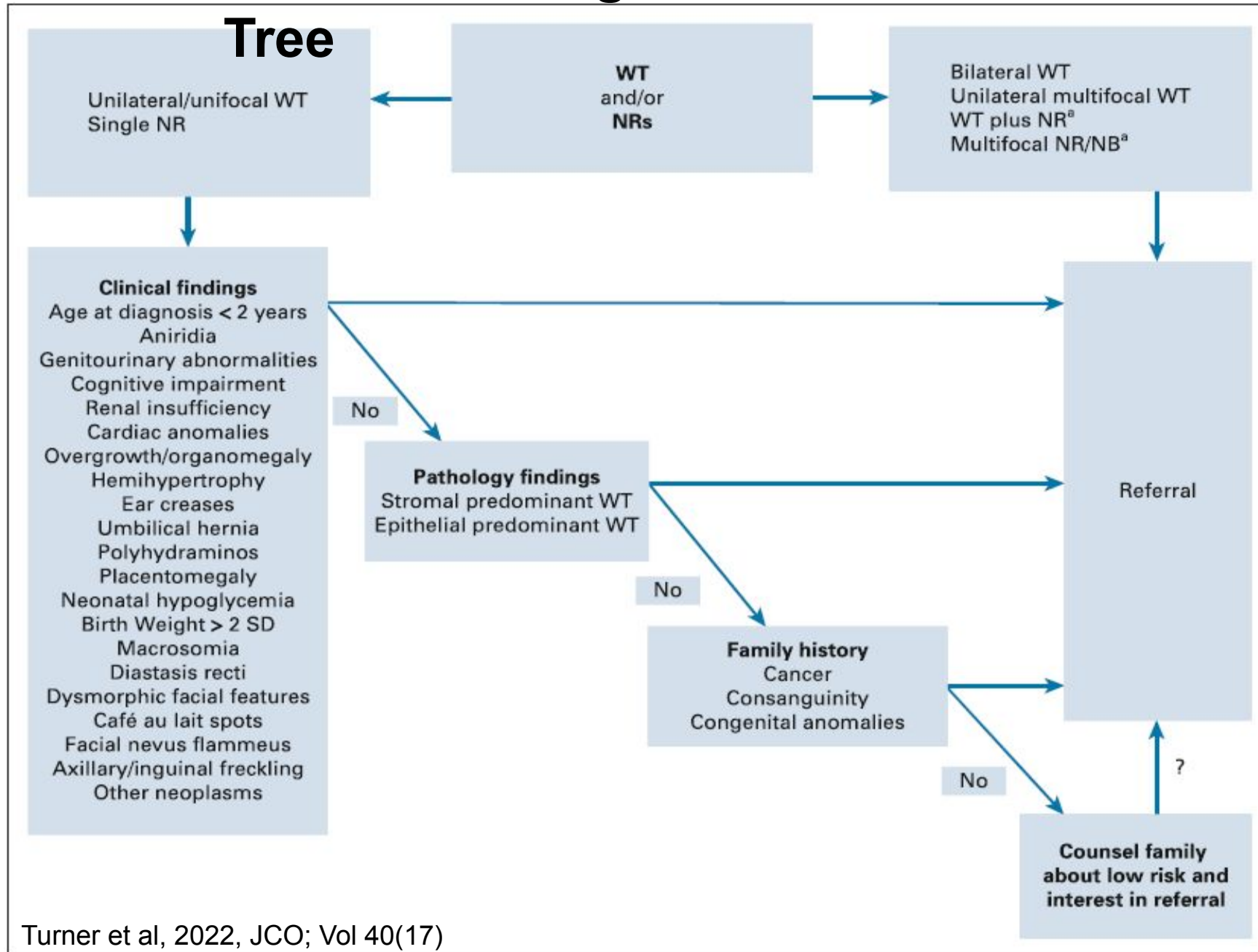


Ear Creases



Brain Abnormalities

Genetic Testing Decision Tree



Conditions and Genes

TABLE 1. Genes/Loci With Germline (Epi)mutations in Patients With Wilms Tumor^a

Gene (inheritance)	Syndrome	Associated Features
Genes/loci with germline (epi)mutations in $\geq 2\%$ of patients with WT		
11p15 uniparental disomy (pUPD11) Hypermethylation of 11p15 IC1 Loss of methylation of 11p15 IC2	Beckwith-Wiedemann syndrome	Polyhydramnios Placentomegaly Large for gestational age Neonatal hypoglycemia Congenital anomalies Facial nevus flammeus Umbilical hernia Organomegaly Overgrowth Hemihypertrophy Neoplasm (hepatoblastoma, neuroblastoma, and rhabdomyosarcoma)
<i>CTR9</i> (AD)	Familial WT	Paternally inherited
<i>DIS3L2</i> (AD)	Newly described	None described
<i>REST</i> (AD)	Familial WT	None described
<i>TRIM28</i> (AD)	TRIM28-related WT	Maternally inherited
<i>WT1</i> (AD)	<i>WT1</i> -related disorders (includes WAGR, Denys Drash syndromes)	Aniridia Genitourinary malformations Range of developmental disorders Glomerulopathy

Conditions and Genes

Genes/loci with germline (epi)mutations in < 1% of patients with WT		
<i>AMER1</i> (WTX) (XL)	Osteopathia Striata with cranial sclerosis	Sclerosis: cranium, long bones Dev delay Dysmorphism
<i>ASXL1</i> (AD)	Bohring-Opitz syndrome	Dysmorphism Distinct posture Cognitively impaired Seizures Cardiac problems
<i>BLM</i> (AR)	Bloom syndrome	Growth deficiency Immune deficiency Sun sensitivity Diabetes Multiple cancers
<i>BRCA2</i> (AR)	Fanconi anemia (FA-D1)	Medulloblastoma Leukemia Failure to thrive Dysmorphism Pigmentary abnormalities Multiple congenital anomalies
<i>BUB1B</i> (AR), <i>TRIP13</i> (AR)	Mosaic variegated aneuploidy	Short stature Dysmorphism Feeding difficulties Ambiguous genitalia CNS anomalies IQ impairment Nephroblastoma, rhabdomyosarcoma, and leukemia
<i>CDC73</i> (AD)	<i>CDC73</i> -related disorders	Hyperparathyroidism Adenoma Parathyroid cancer Osseous fibroma jaw
<i>CHEK2</i> (AD)	Li Fraumeni-like syndrome	Breast cancer Low-frequency other cancers

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Conditions and Genes

TABLE 1. Genes/Loci With Germline (Epi)mutations in Patients With Wilms Tumor^a (continued)

Gene (inheritance)	Syndrome	Associated Features
<i>DICER1</i> (AD)	<i>DICER1</i> syndrome	Pleural pulmonary blastoma, cystic nephroma, multinodular thyroid, thyroid cancer, ovarian Sertoli Leydig, ciliary body medulloblastoma, nasal chondromesenchymal hamartoma, pineoblastoma, and pituitary blastoma
<i>DIS3L2</i> (AR)	Perlman syndrome	Macroomia Visceromegaly Dev delay IQ impairment Dysmorphism Fetal ascites Neonatal demise
<i>FBXW7</i> (AD)	<i>FBXW7</i> -related WT	Osteosarcoma (n = 1) Extrarenal rhabdoid (n = 1) Case report: Hodgkin's lymphoma, focal segmental glomerular sclerosis, ovarian cystadenoma, breast cancer
<i>GPC3, GPC4</i> (XL)	Simpson-Golabi-Behmel Type 1	Macrosomia Macroglossia IQ impairment Multiple congenital anomalies Hepatoblastoma Neuroblastoma Gonadoblastoma Hepatocellular carcinoma Medulloblastoma
<i>KDM3B</i> (AD)	<i>KDM3B</i> -related WT	Hepatoblastoma (n = 1) AML (n = 1) Hodgkin lymphoma (n = 1)
<i>MLH1</i> (AR)	Constitutional mismatch repair deficiency	Multiple tumor types—predominantly brain tumors and GI tumors
<i>NYNRIN</i> (AR)	<i>NYNRIN</i> -Related WT	TBD
<i>NSD1</i> (AD)	Sotos syndrome	Overgrowth Macrocephaly IQ impairment Multiple cancers—predominantly leukemia or lymphoma
<i>PALB2</i> (AR)	Fanconi anemia (FA-N)	Medulloblastoma Failure to thrive Multiple congenital anomalies Pigmentary abnormalities
<i>PIK3CA</i> (Mosaic)	<i>PIK3CA</i> -related segmental overgrowth spectrum	Disproportional overgrowth Multiple conditions
<i>TP53</i> (AD)	Li Fraumeni syndrome	Multiple cancers: frequently breast, adrenal cortical carcinoma, osteosarcoma, medulloblastoma, choroid plexus carcinoma, rhabdomyosarcoma, hypodiploid ALL
<i>TRIM37</i> (AR)	Mulibrey Nanism syndrome	Short stature Dysmorphism Heart disease Low tone Bone anomalies

Case Example

Born full-term, uncomplicated pregnancy and delivery

7 lbs 3 oz, 21 inches

Met developmental milestones appropriately

Presented at 3 years of age, asymptomatic, progressively enlarging right side abdominal mass

Imaging showed multifocal, bilateral renal masses

Upfront chemotherapy

Partial nephrectomies

Case Example

Pathology: bilateral Wilms tumor with favorable histology

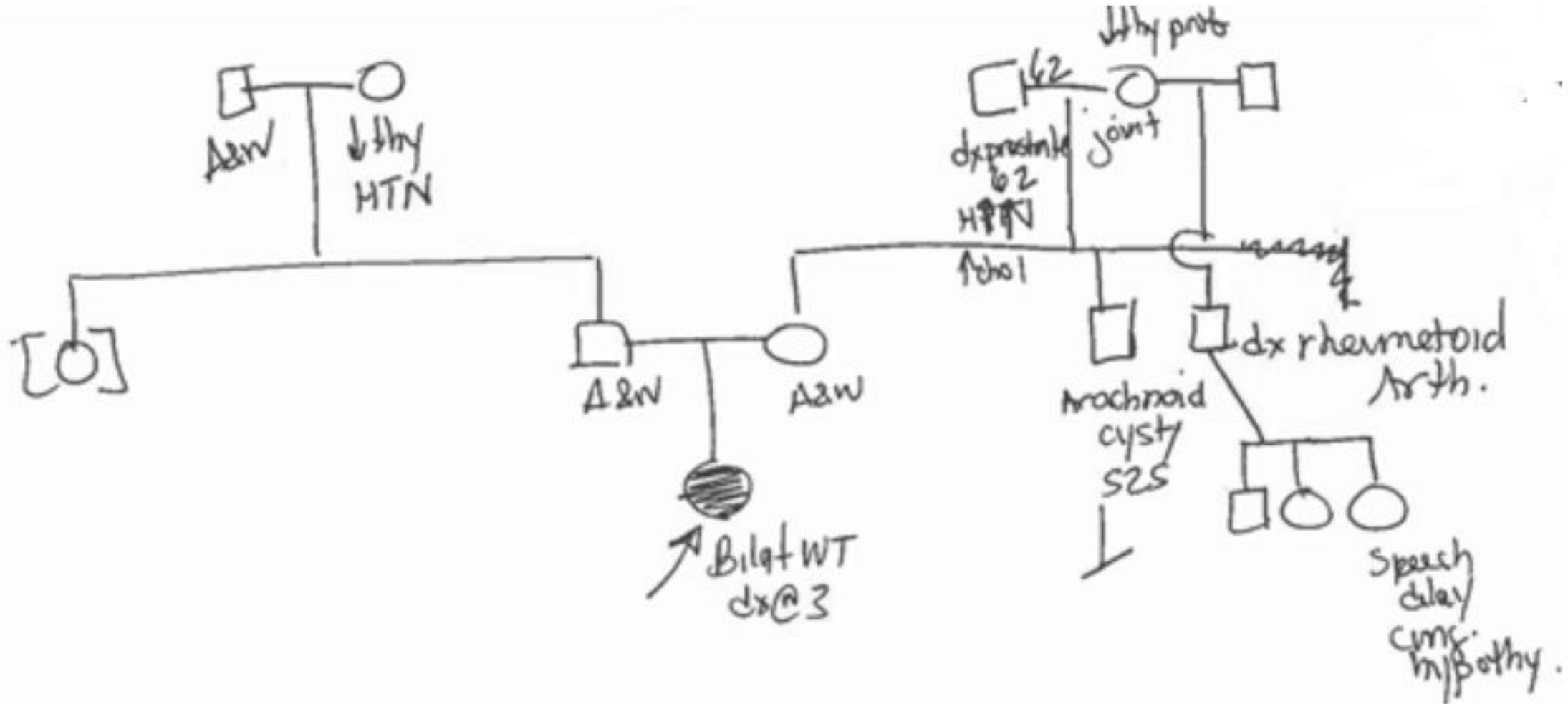
Somatic testing (tumor gene testing):

- Mutation *GNAS* (VAF- 33%)
- Variants of unclear significance: *CHEK2*, *JAK3*, and *MAP3K1*

Referred for genetic counseling and germline testing

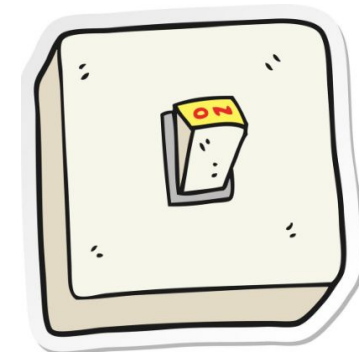
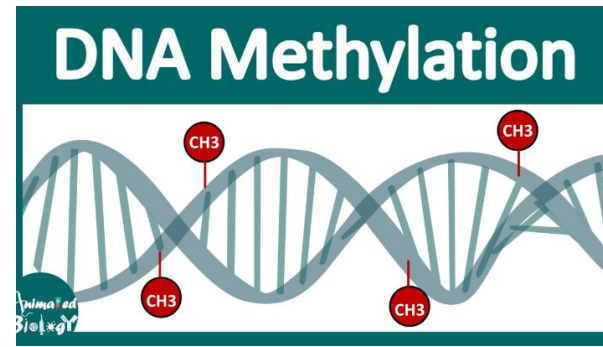
- No additional physical findings
- No family history of concern

Case Example

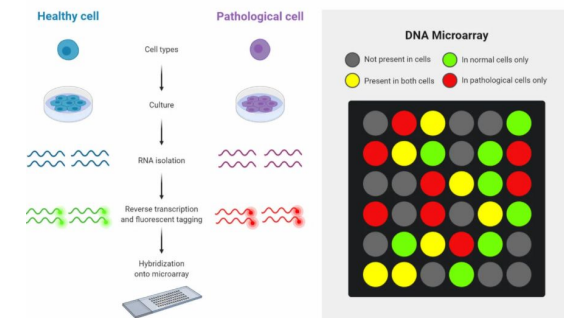
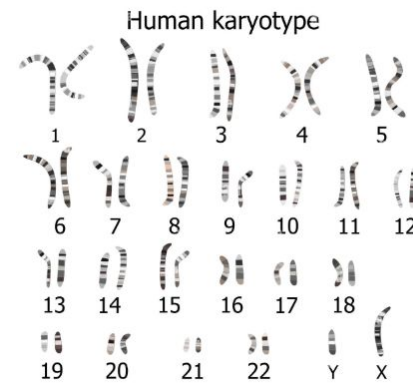


Genetic Testing Strategies

Wilms Tumor Panel



Blood, Assess for Beckwith Wiedemann Syndrome

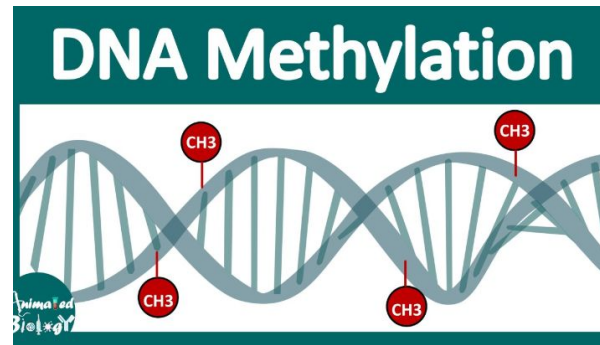


Genetic Testing Strategies



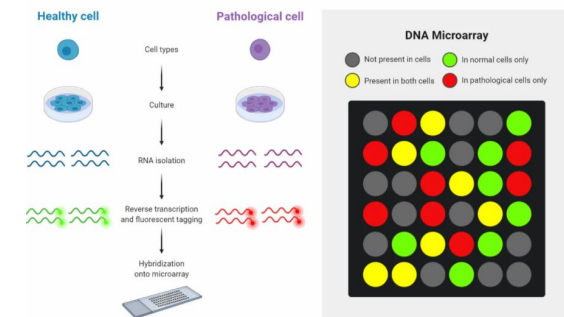
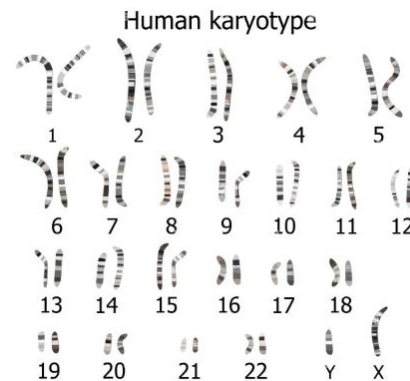
Wilms Tumor Panel

Normal



Normal

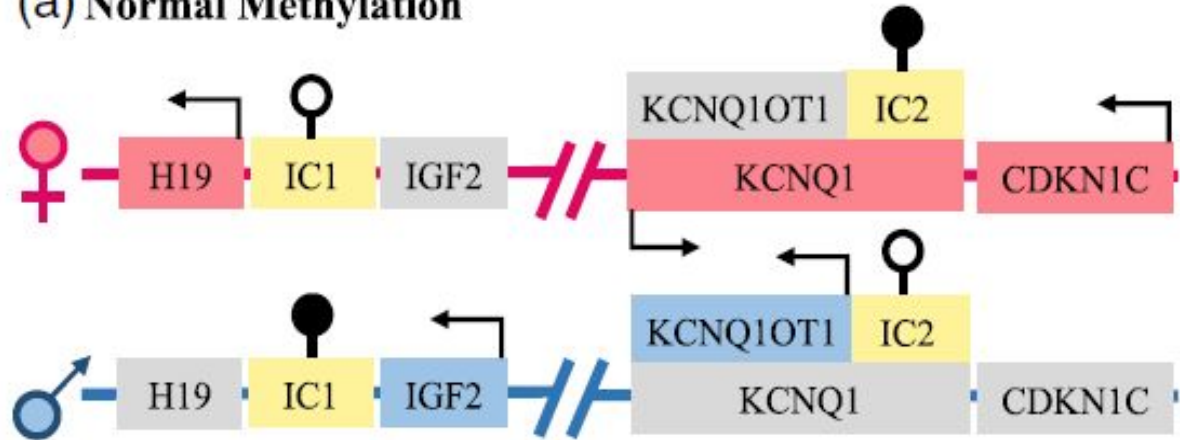
Blood, Assess for Beckwith Wiedemann Syndrome



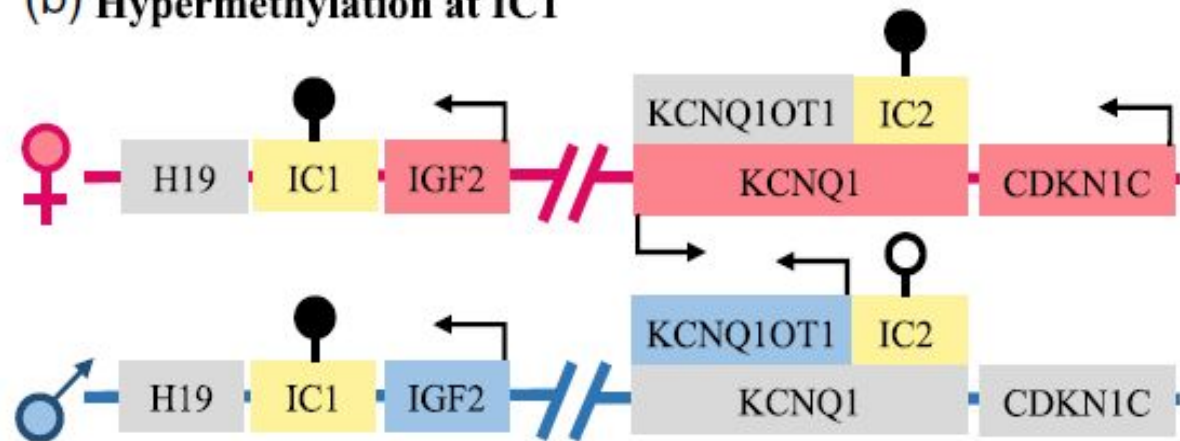
Normal

Methylation Testing on Tumor

(a) Normal Methylation



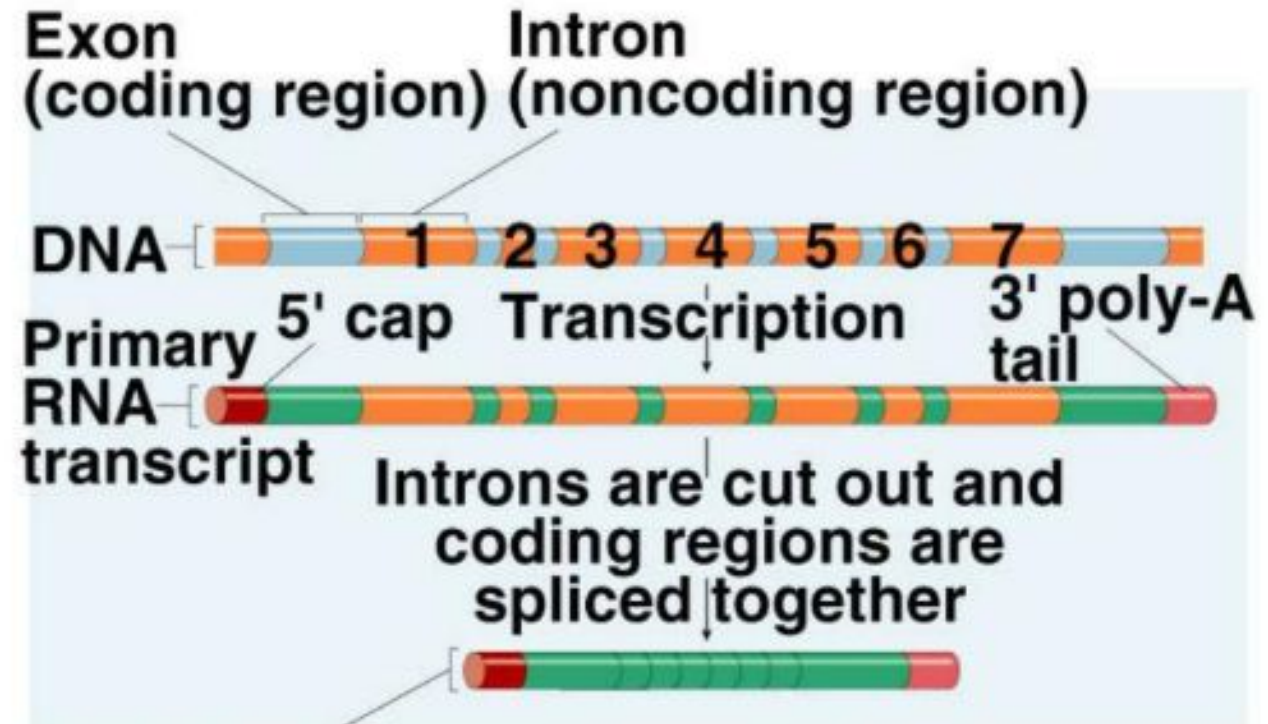
(b) Hypermethylation at IC1



Gain of methylation of IC1 of chromosome 11p15 in tumor Mosaic

New Technologies

RNA Sequencing



Future Directions

- RNA sequencing
- Germline vs. Somatic vs. Paired Tumor/Normal
 - Blood, cheek swab, skin biopsy/fibroblasts
 - Tumor testing
- Long-Read-Sequencing



Genetic Testing Strategy

Phenotype

WT cancer gene panel
(varies from lab to lab)

- Cheek swab, blood, extracted
- Gene Sequencing (DNA/RNA)

Methylation testing
(Beckwith Wiedemann Syndrome)

- Blood

Chromosomal
microarray/karyotype

- Cheek swab, blood, extracted DNA

Somatic/tumor testing

- Molecular testing (therapeutics + germline candidate identification)
- Methylation testing for mosaic BWS

Paired germline/somatic testing

- Moving towards standard of care

Whole exome sequencing, whole
genome sequencing

- Gene discovery

Thank You

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